To help us make a plan for you to safely return to work/your workplace, we would like you to answer the following six questions. Your answers will only be viewed by your manager/HR to support a one-to-one return to work interview if needed. In addition, the data gathered will be used anonymously to address common themes and plan how best the company can support our staff.

**Question 1: Is there anything concerning you about your return to the workplace?**

* Commute
* Workspace
* Hygiene in workplace
* Access to welfare facilities (e.g. toilets, canteens, staffrooms)
* Other

| Comments: |
| --- |

**Question 2: How would you travel to the workplace?**

* Public transport
* Own vehicle
* Active commute, e.g. walk, run, cycle

| Comments: |
| --- |

**Question 3: Do you have any new workplace needs?**

* Equipment
* Personal emergency evacuation plan
* Other

| Comments: |
| --- |

**Question 4: Do you have any additional caring responsibilities as a result of COVID-19?**

* Parental/guardian for children
* Caring for other relatives
* Other

| Comments: |
| --- |

**Question 5: At this difficult time, do you feel you need advice/support for any of the following?**

Mental health support – stress/anxiety\*

Grief/loss

Sleep

Financial advice

Addictions

Other

| Comments: |
| --- |

\* Please note: If you are experiencing any issues related to your mental health and wellbeing, these organisations are able to provide support:

* **Breathing Space**: Call 0800 83 85 87 (open Monday–Thursday 6 pm to   
  2 am; Friday 6 pm–Monday 6 am) or visit [**https://breathingspace.scot**](https://breathingspace.scot/)
* **Samaritans**: Call 116 123 (open 24/7) or visit [**www.samaritans.org**](http://www.samaritans.org)

**Question 6: Do you have any other concerns you would like to highlight that have not been covered?**

| Comments: |
| --- |